



Kid's Menu



Breakfast

- 
Funky Monkey French Toast 8
Whole wheat french toast stuffed with peanut butter and banana
- 
Oatmeal, Almonds & Berries 6
- 
Reach for the Stars Parfait 8
Strawberries, yogurt, and granola

All Day

- 
California Farm Lettuce Salad 8
Lettuce, dried cherries, apples, orange vinaigrette
- 
Zucchini 'Pasta' with Sautéed Eggplant, Oven-Dried Tomatoes & Pine Nuts 8

 *A Destination Kids Café Healthy Choice*



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From the Sea 10
4 oz grilled salmon with steamed rice and steamed vegetables
- 
Guacamole with Garden Salsa Sun Chips 6
- 

Berry Delicious Cobbler 6
Mixed berries, vanilla yogurt, Ezekiel topping
- 

Multigrain Mac n Cheese 8
Topped with cornflake crumbs

Beverages

- 
Peanut Butter & Banana Smoothie 4
Banana, peanut butter, honey, and milk
- 
Playground Boost 4
Mango, carrot, orange, and peach with ginger

  *A 2011 Healthy Kids Recipe Winner*


THE INVERNESS
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